



NEBRASKA TRANSITION COLLEGE

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Our Classes Are Online And Ready For Registrants!



Southeast Community College and Nebraska Transition College have come together to form a collaborative relationship that will bring class offerings to the 88th and O campus in Lincoln, NE – starting **THIS SPRING**, April 2019! Our first class is specifically designed for employers and

business entrepreneurs who want to learn more about inclusive employment, and the other two are our student “101” classes in two curriculum streams – Pre-vocational and Vocational, and Wellness. We have designed the offerings to run successively if registrants would like to take both classes but do not have the flexibility to commit to more than one evening. Each individual class will meet twelve times during the quarter (see “Course Dates”).

Implementation Phase

Our first phase of curriculum and program development is on-going - led by our chair, Kady Wendt, and a talented group of highly credentialed professionals. A critical component of curriculum development is “beta” testing. In other words, though our curriculum is research-based and modeled after similar successful organizations, until it is implemented and tested locally, any expected outcomes will be purely theoretical. Our first set of class offerings are part of that implementation phase – the next step. Our team will be meeting regularly to prepare lesson plans and coursework, share challenges and successes, and make adjustments necessary to optimize expected outcomes. Once classes have ended, we will evaluate the courses and share the outcomes with our constituents – both through our newsletter and public forum that will be scheduled in the summer.

Eligibility

Our eligibility requirements can be located on our website under the “[Programming](#)” tab. However, if you have ANY questions, please don’t hesitate to reach out to us. The eligibility requirements are purposefully broad, so we can have those conversations. You can reach us by [e-mailing](#) or by calling Dr. Stofferahn at 402-560-4627.

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The mission of Nebraska Transition College is to empower individuals with autism or other disabilities to learn, work, and live within our communities.

Our Classes Are Online And Ready For Registrants!

First Course Offerings

Introduction to Inclusive Employment

If you are reading this description, you are an employer, and it is likely you are curious about disability employment and inclusive hiring initiatives. The purpose of this class is to help you create a program that successfully integrates people with disabilities into your own workforce. Class meets one evening each week over eleven weeks. Participants will engage in interactive activities promoting hands-on learning. Topics will include disability categories, awareness of implicit biases, myths/fears associated with hiring people with disabilities. Class will meet Thursdays from 6:30-8:30 PM, April 4 – June 13. Room U 118. Maximum 15 registrants.

Soft Skills to Pay the Bills

Soft Skills to Pay the Bills focuses on everyday interpersonal skills that job seekers need to succeed on the job. Communicating clearly and appropriately, remembering work directions, working well with others, and problem solving will be among the topics covered. The quarter will begin and end with mock interviews with community business leaders rating students on skills and areas for improvement. Staff members will evaluate the outcomes of both interviews and measure growth based upon feedback from business leaders. Class will meet Thursdays from 6:30-8:30 PM, April 4-June 13, Room U109. Maximum 15 registrants.

Unlocking Your Best Self

Social and emotional wellness focuses on everyday strategies and skills to develop self-esteem, self-awareness, problem-solving and interpersonal skills. Topics such as mindset, personal strengths, safety, relationships, stress, time-management, and goal-setting will be covered. This course will foster healthy behaviors that lead to improved social and emotional wellness outcomes. At the end of this class, students will be able to identify skills and strategies to promote social and emotional wellness as measured by weekly classroom assessments and student self-rating scales. A final portfolio of information and strategies will be compiled over the course of 12 weeks for students to use as a resource in their daily living. Class will meet Thursdays from 4:00-6:00 PM, April 4 – June 13, Room U10. Maximum 15 registrants.

Course Dates

The first day of classes is Thursday, April 4. The last day is July 14.

Cost

The cost of each class offering is \$149.

Registration

We have provided a couple VERY EASY steps to register for our classes. You can [register through our website here](#), or you can go directly to the [SCC registration link here](#).

All you have to do is type in the name of the class and hit submit. You can read about the classes and also get registered!

Deadline for Registration

The DEADLINE for on-line registration is April 2, 2019. There is a maximum registration for each class, so our recommendation is to get registered early.

Questions

Please direct your questions to

info@nebraskatransitioncollege.org or by calling Dr. Stofferahn at 402-560-4627.

WinterFEAST 2019 is in the books!

Old Man Winter tried to play a part in dampening our spirits, but he had no idea what he was up against!

With over 60 attendees, a splendid time was had by all. Thank you's go out to Janis Davis and The Lincoln Marriott Cornhusker Hotel, Executive Chef Dave Nelson, and Green Flash Brewery & Eatery and Head Brewer Jeff Hanson.

We can't wait until WinterFEAST 2020!



100's of Men Who Care

We are humbled to be the recipients of one of the most recent 100's of Men Who Care events in Lincoln. The impact of this group has been tremendous, and the combined efforts of this group and 100's of Women Who Care has topped \$300,000 to nonprofits across the state. Follow them on the Facebook pages and plan to attend their events!



Public Forum - Community Input Welcome

We need your input and participation as we prepare for our first class offerings this April through Southeast Community College! We have scheduled two public forums at the following locations:

March 19, 6:30-8:00 PM
Eiseley Branch Library, Lincoln
1530 Superior Street
[Facebook Event Calendar](#)

March 21, 6:30-8:00 PM
Goodwill Industries, Omaha
4805 N. 72 ST
[Facebook Event Calendar](#)

Snacks will be provided at each location!

During each public forum, our programming staff will offer detailed descriptions, weekly objectives, and expected outcomes of the [classes we will be offering this spring through Southeast Community College](#). Most importantly, it will be an opportunity for us to obtain input from parents, community members, and potential students - which is why it is so vital that we fill the rooms each evening.

Meet Bark.

We would like to introduce a brand new comic strip written by our very own board member, Jake Dwinell.

His strip is called "Bark the Aardvark". It is about Bark...an average aardvark with an average job, an average home and an average life. But hidden just beneath the surface of all this average-ness is something much more.

Jake will be introducing his characters one at a time before bringing them together in a strip that will have one frame, two frames or many frames - it all depends on what Bark and his friends have to say. Sometimes it will be "old school" and raw, and sometimes it will be computer-aided (like below). Jake's call!



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A Letter From The Executive Director

Hello March (and spring . . . eventually?)!

Nothing About Us, Without Us.

We have lots of opportunities for you to join us for conversations as we continue to build! Public forums in March, monthly Atypical Ale Project forums, events, Facebook forums . . .

We work diligently to provide these opportunities, because your input is vitally important to our entire development. Our programming is research-based (and will soon be evidence-based as well), but *reality* must also play a part. What I mean is that while we can put together an A+ curriculum, we need community input to shed light on any missing components or blind spots. Parents need to be involved in conversations regarding curriculum, potential students need to be involved with mission and vision decisions . . . *Nothing About Us, Without Us.*



We have two upcoming public forums – March 19th in Lincoln, and March 21st in Omaha. We would like to pack the houses for both events. Our programming staff of volunteers will be on hand to present the curriculum progression to date, and we will have plenty of time for discussions. To ensure we have enough snacks and beverage, we would like to get an estimate on how many may attend. You can let us know if you will be attending through our Facebook events (see article above), or you can e-mail us directly at info@nebraskatransitioncollege.org.

Building the Vision

Our mission talks about what we do. Our vision talks about where we want to go and where we want to be.

We couldn't be prouder to offer our first classes through the collaborative relationship we have built with Southeast Community College. They have provided us with the pivotal first step toward the vision of building programming throughout the entire state of Nebraska.

And those last few words speak to our vision – *the entire state of Nebraska.*

I have had countless conversations with parents and potential students who have expressed frustration that post-secondary programming like ours is just not available in their communities. Their frustration is warranted, and I feel it poignantly with each conversation I have. It was the reason I began this journey in the first place.

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A Letter From The Executive Director

"We LOVE what you are doing, but I live in _____, not Lincoln."

So many times, the reality of proximity and transportation challenges stymie continued conversations with parents and potential students. A weeknight class 50, 75, 150 miles away just isn't a reality for most of us – regardless of disability or demographic. But it is precisely this reason that our conversations and engagements need continue, regardless where you call home.

Today, we are working on fulfilling our mission while laying the groundwork to build our vision. Bringing classes to communities across Nebraska is completely dependent on successful development now, which is why the importance of our relationship with SCC cannot be understated.

Lincoln is just the starting point.

Your input and contribution (whether time, talent, or treasure) – regardless where you reside – is the lifeblood of the vision of Nebraska Transition College. Whenever you can, we request that you join us for a forum, event, or discussion. Tell a friend about us. Engage a neighbor. Attract a crowd.

Our work now will take us to Chadron, Bridgeport, O'Neill, Falls City, Hastings, Omaha . . . wherever a supportive community resides. And that is not a short list in Nebraska.

With gratitude,

Stuart

Dr. Stuart Stofferahn
Executive Director



**NEBRASKA
TRANSITION
COLLEGE**

LEARNING. WORKING. LIVING.